



廖寶珊紀念書院
Liu Po Shan Memorial College
學校通訊電子版2024/11

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校外獎項



6D趙致悠



4C任語暄



恭喜4C任語暄及6D趙致悠分別榮獲初級組優異獎及高級組優勝獎，6D趙致悠同學更獲選為學生代表致辭。

比賽前努力練習備戰



恭喜3A 吳欣妍、3A胡海祺及3B曾子晴代表學校參加第十一屆「阿爸、阿媽，食飯喇！」校際烹飪比賽榮獲冠軍；同時3B曾子晴更獲得最佳個人廚藝獎。



3A 胡海祺作品
絲絲入心，卷卷暖意



3A 吳欣妍
薔薇花開樂融融



3B 曾子晴作品
年年有魚家無疾

(左起)：吳欣妍、曾子晴及胡海祺與得獎菜式合照



本校榮獲由香港中華基督教青年會主辦「YM VOLUNTEER@SCHOOL」義工服務獎勵計劃－「積極參與學校獎」以及中一級「SDGs主題故事獎」季軍，由德育、公民及國民教育學生小組代表領獎。

ENGLISH DEBATING TEAM



During LPSMC's ECA day, the English Debating Team convened for its inaugural meeting of the year. Over the years, the team has garnered significant acclaim in the HKSSDC, becoming a source of pride for the school. This year marked a milestone with a record-breaking 20 students signing up, spanning from form 1 to form 5. The first meeting was not just educational but also enjoyable, as members delved into the essential basics of debating before engaging in lively mini debates on entertaining topics. The camaraderie and enthusiasm displayed during this session bode well for a promising debating season ahead.

Written by Byron Wallin (Net teacher)

LPSMC SENIOR ENGLISH DEBATING TEAM BEGIN THE 2024-25 CAMPAIGN WITH A WIN



LPSMC faced off against Kai Yan College in the HKSSDC English Debating Competition, debating the motion: "This House Would Ban the Poor from Gambling." The LPSMC team presented compelling arguments highlighting the adverse effects of gambling on low-income individuals and the societal implications of such activities. Their effective rebuttals and persuasive eloquently delivered arguments ultimately led them to victory.



Hi! I'm 5D Kelanna Wan, this debate was a valuable and enriching experience that showcased our teamwork skills and critical thinking. I'm thankful for the encouragement from my teammates and coach, which allowed me to express my ideas clearly and confidently. It was a great way to kick off the season!



Ho! I'm 3A Audrey Lam, this debate was definitely one that I will never forget. As this is our second year working as a team, our bond and synergy are as strong as ever. We all did our best and showcased our technique and dedication during the debate. We ended up with an astounding performance and victory to kick start this season. I'm very proud of us! This time I even got the best speaker! I am truly grateful for this opportunity. I hope to continue to thrive and to achieve great success in later debates.



Hello! I'm 5D Candy Wong, great start to this season's competition! We all held our ground and debated to the best of our abilities, utilising our persuasive delivery and rebuttals, which helped us gain an edge in this high-quality debate. I'm very proud of our performance! A huge congrats to Audrey for achieving the best speaker in this debate. Here's to continued success in the upcoming rounds.

SPORTS DAY

陸運會

花絮

keep going



恭喜青松社榮獲全場總冠軍



加油



you did great



午間舞台

Hi there!

5D

大家好，今天由我們5D班為大家帶來精彩的午間舞台表演。我們不但又唱又跳，服裝更是經過精心挑選設計，務求為大家帶來一個賞心悅目的中午。



今期為大家介紹

射箭學會

Archery Club



射箭冷知識：

大家好！我是3B班的賀思源，今年射箭學會新成員。考考大家，知不知道為何慣用右手選手會以左手射箭？答案是因為他們的左眼是他們的「主導眼」(dominant eye)。大約七成的選手具有與自己慣用手相稱的眼睛優勢（例如：慣用右手的人，其主導眼亦為右眼）。在另外三成的箭手當中，有慣用右手的弓箭手會用左手射擊，這樣他們就可以使用更加強壯的左眼瞄準（反之亦然）。



▼ 專心聆聽教練講解



▼ 認真練習



問：詠騫你好！得知你已是第二年參加射箭學會，作為資深會員的你，為何你在學校眾多學會當中選擇射箭這項活動呢？

答：大家好！我是5B班李詠騫。在我現實生活當中可以接觸射箭這類活動的機會比較少，以前我只能透過遊戲機才能接觸/玩到射箭。自從參加學校射箭學會後；我不但有機會可以親身接觸射箭活動，更可以真實地感受拉弓的滋味，這機會實屬難得。

問：在練習過程中，你體會或學習了什麼？

答：說真的，當真實去接觸這項運動的時候，才發覺原來射箭是一點都不容易。光是站立、準備、舉弓、開弓、撒放、收勢每個程序都有不同的要求，所以必須要堅持每星期集會，珍惜每次與教練學習的時間，再不斷從比賽影片中探索、學習，才能有機會一箭射中黃心。