



廖寶珊紀念書院

Liu Po Shan Memorial College

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師兄師姐有話說

徐梓萱 (2022 / 23 年度畢 6E 班畢業生)

香港大學

文學士(城市研究)課程



中六那段時光是苦與樂的交織。苦，當然是接踵而至的測驗考試、各種大小「死線」和對未來的憂慮。樂，是老師和同學們一直以來對我的支持。我十分感激老師們在百忙之中，仍願意擠出一點空餘時間，幫我分析課業上的問題，解答對前路的疑慮……我亦感恩同學之間能夠互相督促及陪伴！

溫習技巧方面，我深明何謂「勤能補拙」。中六期間不僅要溫故，知新也很重要，每一科都需要持續地操練。要多留意社會時事，吸收新知識，讓自己的思想變得更豐富。只有當思維變得靈活，我們才有機會在試場上找到更大的發揮空間。此外，如何善用時間也是至關重要的，大家可利用等車、坐車和睡前的零碎時間，複習需要背誦的範文。

準備文憑試的過程的確令人疲憊，叫人痛恨。不過，只要我們打好文憑試這場仗，就會多了選擇，那種感覺是很自由的！祝大家一切順利，考到好成績，並讀到心儀的科目！搏盡無悔！加油！

師兄師姐有話說



曾幸凱 (2022 / 23 年度 6A 班畢業生)

科技大學

理學士(定量社會數據分析)課程

回想這六年的跌宕起伏，真的比電影還要精彩。還記得我初中時的成績處於留級邊緣，英文科成績排名總是最後一名。然而，我最終在文憑試英文科中獲得 4 的成績，這結果令我倍感驚喜。我以自身經歷鼓勵大家不要因過往或目前的成績不理想而小看自己，只要奮力追趕，凡事都有可能，很多成功的例子就擺在你們眼前。

英文科成績對於能否考入大學至關重要，在溫習英文科方面，我分享一些讀書心得，希望為廖記同學帶來啟發。中六同學切記要善用 **Study Leave** 的時間，不要荒廢光陰，這幾個月可以追回很多東西。其實我在中六後期英文成績仍徘徊在及格的邊緣，是到了 **Study Leave** 才開始力挽狂瀾。在 **Study Leave** 前期，我每天都花 2 至 3 小時溫習英文單字，以及對自己有用的英語短句，例如與社會議題相關的詞彙。同學們也可以在寫作方面累積不同的開首句，讓自己的文句表達富有變化。到了中後期，鑑於我的英文聆聽能力最弱，我便開始操練歷屆文憑試聆聽試卷。在核對答案時，圈起自己聽不到和不認識的單詞，寫進單詞本，然後抽空複習。這個做法很花功夫和時間，但有助提升英文聽力。

師兄師姐有話說



鄭婉婷 (2022 / 23 年度 6D 班畢業生)

中文大學

中國語言及文學課程

在備考的路上，我們留下許多努力的足印，如今，我們終於能窺見這段漫漫長路的終點。時日如飛，文憑試逐漸逼近，在此想透過自身的經驗分享一點心得給師弟妹。

求學之路豈會一帆風順？在學習的過程中難免會遇到困難，情緒也難免迷惘和擔憂。即便如此，希望同學要對自己抱有信心，不要把自己困在自我懷疑的漩渦中。備試期間，精神狀態好像一條拉緊的橡皮筋，小事如默書、測驗或課堂問答，我們都會因受到的小小挫折而在這條橡皮筋上面刮出或深或淺的劃痕。漸漸地，這些劃痕會變成裂隙，擊潰我們的自信心。人生不如意事十常八九，總會有意志消沉的時候，當下的辛酸是切切實實的，但希望你們最後都能相信自己，懷著對未來的美好憧憬，憑毅力渡過難關。在學習的路上，走得慢一些不要緊。正因路途漫漫，我們在堅持之中要學會如何消化情緒，慢慢摸索到適合自己的學習方式，然後提升自己，變得更好。

師兄師姐有話說



張志婷 (2022 / 23 年度 6C 班畢業生)

中文大學

酒店旅遊及房地產管理課程

我如願地考入自己心儀的科系。成為大學生的我仍不時掛念中學時的校園生活。在這裡，我想分享一些溫習時的心得與技巧，希望能幫助到師弟妹。

我覺得要在準備文憑試期間保持衝勁，最重要的是訂立一個清晰的目標：例如心儀的科系、目標的分數、想提升的科目等。數學科是我最害怕也是最想提升成績的科目，為此我努力操題，遇到不明白的題目便立即請教老師。同時，我養成記錄「錯題簿」的習慣，記下自己常犯的錯誤，避免重犯。

另外，我也分享一點溫習旅遊與款待科方面的心得。我由中四開始便一直有做選擇題的習慣，這有助我找出自己尚未釐清的概念。至於論述題方面，操練歷屆試題能幫助我熟悉題目的框架和相關的知識點。每當我完成一道題目，我都會從答案中找出自己未能想到的論點，並加以複習。久而久之，以後我看見類似題目時，便可以直接作答，令我該科在文憑試中考獲 5** 的成績。

師兄師姐有話說



張惠筠 (2022 / 23 年度 6E 班畢業生)

理工大學

眼科視光學(榮譽)理學士組合課程

Secondary school is a pivotal phase in every student's life, shaping their character, knowledge, and prospects. I am very grateful to have received my secondary education here at Liu Po Shan Memorial College. During my wonderful six years at the school, not only did I create many fond memories with my friends and teachers, but I also acquired a wealth of knowledge that continues to guide me to this day. LPSMC, with its supportive learning environment and dedicated educators, provided me with a solid foundation for exploring my interests and talents.

Reflecting on my life as a Form Six student, I can empathise with the immense stress and workload that all of you are currently facing. As you navigate the final year of secondary school and prepare for the DSE examination, it is natural for you to find the pressure overwhelming at times. The weight of expectations,

coupled with the rigorous academic demands, can leave you feeling exhausted and drained. However, it is important to remember that you are not alone in this journey. Lean on your classmates for support, turn to your teachers for guidance, and seek encouragement from your parents. Prioritizing your mental well-being and maintaining a positive mindset are crucial aspects of your DSE journey.

Aside from maintaining a positive attitude, having good time management and regular revision also play a crucial role in achieving success. Creating a well-structured study schedule that allocates dedicated time for each subject can significantly enhance your revision process. As a past secondary six student, I still remember how adhering to a tightly organised study schedule benefited my studies in my final year. While actively acquiring new knowledge during school hours, I also prioritised specific time slots for revision after school. This approach allowed me to balance my learning and revision commitments effectively. However, it must be borne in mind that making the schedule work also requires self-discipline and a strong work ethic. Staying committed and focused is necessary, even when faced with distractions. Stay dedicated, work hard, and let your study schedule become the roadmap to achieving your academic goals.

Also, I participated in the School Nominated Direct Admission Scheme and was fortunate enough to be admitted to the PolyU optometry program. Before admission, I was granted an interview with a professor of optometry to articulate my aspirations for the field. Recognising the significance of this interview, I sought assistance from my English teacher while preparing for it. She generously helped me revise my personal statement and conducted mock oral interviews with me. Her invaluable support and guidance played a vital role in my successful admission. Therefore, if you have a similar interview opportunity or get to apply to a specialised program, be sure to seize this exclusive chance to further your academic journey. Embrace the experience wholeheartedly and make the most of it, as it can significantly impact your chances of admission to your desired university.

The six years I spent at LPSMC are a chapter of my life that I will forever cherish. I hope all of you can treasure the remaining time in LPSMC, as it too will be a blissful time you will never forget. Embrace the challenges that come your way, for they will strengthen your determination. Lastly, may your hard work, dedication, and passion bear fruit, leading you to the university of your dream.

師兄師姐有話說



饒宛蓁

(2022 / 23 年度 6B 班畢業生)

香港都會大學

創意廣告及媒體設計榮譽文學士

在學校度過了六年的快樂時光，如今心願達成進入人生新階段，開啟了我的大學生涯。作為文憑試的過來人，我的應試心得是以平常心面對，平日加緊溫習，文憑試自然得心應手。世上沒有不勞而獲的東西，有付出才會有收穫，機會是靠自己爭取的，希望各位學弟學妹努力不懈，成功考入心儀大學。